

Dr. Jane Bokström⁺

G-B-S

Pioneering the best from the past

Dr. Jane Bokström G-B-S

The pioneers of the Swedish Institute of Regenerative Medicine (SIRM), Dr Janethy Balakrishnan & Mr Nils Bokström have dedicated their careers into researching optimum health. Tirelessly unravelling the mysteries behind health-span and examining ways to achieve health in congruence within one's environment. They have investigated the relationship of ancestral diets to human biochemistry, anatomy, physiology & lifestyle; and the reason that our ancestors lived more effective functional lives while consuming simple minimally processed foods.

At SIRM, we believe that health is a basic human right. That each individual should be responsible for their own health.

They advocate empowering people with information derived from truthful science. A healthy body and mind should be encouraged not solely delivered.

A novel approach
- a valuable ancient oil

S.I.R.M.

Swedish Institute of Regenerative Medicine
Uppsala, Sweden



Institute for Integrated
Regenerative Medicine



Nils Bokström
Dr Janethy Balakrishnan

Proclaiming a 5000-year old solution

Palm Kernel Butter

SIRM is delighted to reintroduce Palm Kernel Butter (PKB), a safe and natural plant food that has been used for over 5000 years. We champion this pure edible oil that has provided an energetic, agile and remarkably healthier life for many previous generations of people.

Simple, Basic, Pure and Safe

What Sets Dr. Jane Bokström G-B-S Palm Kernel Butter apart?

Gut, Brain and Skin connection (G-B-S) is a proprietary blend of nutrient powder. Taken as an effective supplement, G-B-S successfully helps patients that suffer the consequences of metabolic disorders. Created in 2010 by SIRM, Dr Jane Bokström G-B-S is the gold standard in cutting-edge gut and autonomic system balancing.

SIRM pursued through further research a complementary edible oil that possesses an ideal fatty acid composition. Palm Kernel Butter (PKB) has the necessary composition to restore and boost health.

Palm Kernel Butter
- functional key food



Palm Kernel Butter For the first time in history

Palm Kernel Butter-

Dr. Jane Bokström G-B-S, developed by SIRM, Uppsala, Sweden brings PKB directly to consumers. The main ingredient in PKB is derived from palm kernel oil. This oil is widely used in high-end confectionary and even baby food.

PKB is composed mainly of saturated fat and is naturally rich in lauric acid and myristic acid. Due to its favourable fatty acid composition and analysis, PKB is marked for its pro-health and anti-aging properties.

Each batch is subjected to an independent third party laboratory testing. PKB was filed for patent so as to protect its beneficial specifications. Moreover, it is to ensure the efficacy, quality and safety for the consumers.



Avocado



Palm Kernel Butter



Organic Butter

Instructions for use

PKB is a versatile oil and is suitable for everyone at any age. It is even suitable for vegans and it is hypoallergenic.

- Because of PKB's neutral taste and smell, it is easily incorporated into any food. PKB also enhances the natural flavour and aroma of the food.
- PKB can be directly consumed raw or added to any dish.
- PKB provides a delicious creamy texture when added to hot beverages, yoghurt, smoothies, sauces and creams.
- PKB is great for cooking, deep-frying, baking and grilling. It enhances the taste of the food.
- PKB has one of the best stability profiles at prolonged high cooking temperature as it was tested positive to maintain its beneficial characteristics.
- PKB has value added benefits for topical applications on skin and hair as in personal care products. Dr. Jane Bokström G-B-S shares the philosophy that "whatever we apply on our skin has to be safe enough to be eaten".

PKB also has a very long stable shelf life compared to other oils. Due to its fatty acid composition, PKB does not turn rancid easily, hence has no preservatives. There are also no additives such as color, stabilizers, emulsifiers, nor thickening agents.

PKB is an oil that solidifies at various room temperature, approximately 25°C. It turns solid like butter in the fridge but remains fresh even as liquid in hot temperature.



Major Benefits of PKB from Scientific Literature, Clinical Observations and Testimonials

- Boosts immune system (anti-bacterial, anti-viral and anti-fungal properties)
- Increases the bioavailability of youthful hormone
- Radiant glowing skin
- Higher energy levels
- Preferred cleaner fuel as it decreases oxidative stress
- Decreases chronic inflammation
- Improves metabolism
- Enhances mental clarity
- Promotes formation of ketone bodies from MCT
- Promotes satiety
- Efficient fat loss due to its metabolic pathway

NUTRITION INFORMATION

Serving per pack: 35
Serving Size: 14g (Spoon)

Average Composition	Every Serving 14g	Every 100g
Energy	126kcal	900kcal
Carbohydrate	0g	0g
Protein	0g	0g
Total Fat	14g	100g
- Saturated	11.3g	80.5g
- Monounsaturated	2.2g	16.0g
- Polyunsaturated	0.5g	3.5g
- Cholesterol	0mg	0mg
- Trans fats	0g	0g
Sodium	0mg	0mg
Dietary fibre	0g	0g
Sugar	0g	0g

N.B.: Dosage should be tailored for relevant indications.

For further enquires,

please consult our qualified retailer/practitioner or email to: info@sirm.se



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A HEALTHIER REVOLUTION Palm Kernel Butter